# Sindhi College

# NCC ACTIVITIES 2021-22

Sl. No	Events	Date
1	All India Trekking Camp, Karnataka & Goa DTE (Belagavi)	14/12/2021 to 21/12/2021
2	World Environment Day	05/06/2022
3	All India Thal Sainik Camp	09/06/2022 to 18/06/2022
4	Awareness Program on Traffic Rules and Regulations	09/06/2022
5	Traffic Awareness Program	14/06/2022
6	International Yoga Day	21/06/2022
7	Combined Annual Training Camp	11/07/2022 to 20/07/2022
8	Ek Bharat Shreshtha Bharat Camp-I (EBSB – I)	12/07/2022 to 23/07/2022
9	75 <sup>th</sup> Independence Day	15/08/2022

# All India Trekking Camp, Karnataka & Goa DTE (BELAGAVI)

Cadet Suraj Singh from Sindhi college 75/A COY takes pride in representing 8 KAR BN in All India trekking camp which was held in Belagavi from 14<sup>th</sup> to 21<sup>st</sup> Dec 2021 and he uplifted his potential in engaging himself in the adventurous journey. Following was the itinery of the expedition.

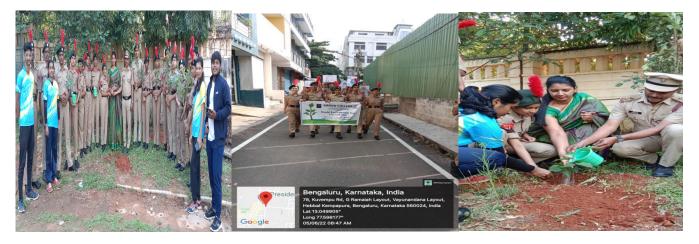
1. 1st DAY= Allotment, 2nd day= Belgundi, Blue route, 3rd day= Vill Basurti, Mahipatgrah, Black route
4th day= Vill Belgundi, Hangirge, Green route, 5th day= Majra Devarvadi, Konevadi, Red route 6th day=
Para Commanding Center, 7th day= Maratha Visiting





## World Environment Day

On account of World Environment Day, the NCC and NSS wings joined hands to promote the awareness towards the environmental protection. As a part of the celebration saplings were planted in and around Kempapura. An awareness rally was also organized on the theme "Save soil, save water" on 5<sup>th</sup> June 2022 under the leadership of Physical education Director Mrs. Pramila accompanied by Lt. Shankara B P for the activity. 32 Cadets participated in the programme.



## All India Thal Sainik Camp ( Group Team Selection)

Junior Under Officer Kavya Gopal was selected for the All India Thal Sainik Camp (Group Team Selection) and she represented 8 KAR Battalion. The camp which was held at Christ University, Kengeri campus and the camp was hosted by 9KAR Battalion. The duration of the camp days was for 10 days from 9th June to 18th June.



#### Awareness Program on Traffic Rules and Regulations in association with Hebbal Traffic Police

An awareness program on "Traffic rules & Regulations" was organised in association with the National Cadet Corps and National Service Scheme on 9th June 2022. The main purpose of this program was to familiarise the students with the traffic rules. The Guest of Honour DCP Savita, Traffic Police Inspector Vasanth Kumar and Smt. Nayana, Sub-inspector graced the occasion. The speakers spoke at length on the traffic rules and regulations with a power point presentation and live examples.



# Traffic Awareness Program in association with Traffic Training And Road Safety Institute, Thanisandra Main Road, Bengaluru

Traffic Awareness programme was conducted at Training and Road Safety Institute on 14<sup>th</sup> June 2022. 20 NCC Cadets and 20 NSS Volunteers participated in the programme. The programme was sponsored by Honda Motor Service Private ltd with the intention of creating awareness on traffic rules and regulations amongst the youngsters. The tag line was "Safety-India". The highlight of the programme was to sharpen the risk sensitivity of the public towards traffic. Mr. Sujay was the lead speaker in the programme. The other speakers included traffic police inspector K Abdul Rasheed and officials from Honda Motor Service.



#### Yoga Day 2022 - Manekshaw Parade Ground

The 7th International Yoga Day was celebrated by the NCC cadets of Karnataka and Goa directorate on 21<sup>st</sup> June 2022. The Dignitaries who graced the occasion were DG, Karnataka and Goa, Air Cmde. B.S. Kanwar, Group Commanders of different groups across Karnataka and Goa directorate, AO, 8 Karnataka Battalion, Lieutenant Col. Amitabh Kumar and CO, 8 Karnataka Battalion, Col. Vishal Gautam.

The cadets had access to the live recording from Mysuru where our Prime Minister, Shri Narendra Modi was performing Yoga. He first spoke about the importance of yoga and felt proud that he was performing Yoga on the land of its origin. He also expressed his happiness for performing Yoga in front of Mysore Palace. All the Cadets followed our Prime Minister in performing yogasanas. The staff from Himalayan School of Traditional Yoga explained in detailed about the importance of yoga.

The series of Asanas performed included Vrikshasana, Setubandhasana, Shavasana, Bhujangasana, Anantasana, Tadasana, Vajrasana, Ushtrasana and Trikonasana.



# **Combined Annual Training Camp (CATC)**

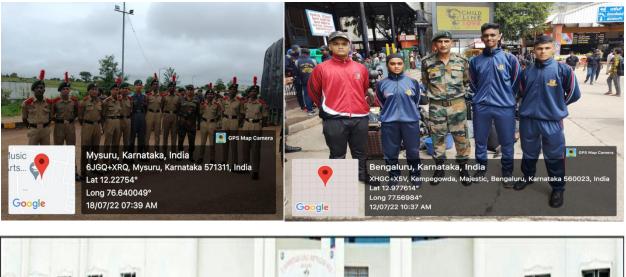
Eighteen cadets from Sindhi College 8KAR BN NCC 75/A COY, attended the CATC-1 camp at Brindavan Group of Institutions Bagalur Main Rd, Yelahanka, Bengaluru. The camp was held from 11<sup>th</sup> to 20<sup>th</sup> July 2022. The cadets participated actively in the camp and it had a positive impact on the cadets. Practical experience for the cadets in Kholna jodna of 7.62mm Self Loading Rifle (SLR) were given to the cadets. Prize Distribution for achievement in sports was also held in the camp site.



## Ek Bharat Shreshtha Bharat Camp-I (EBSB-I)

Junior Under Officer Krithik Kumar P from Sindhi college 75/A COY takes pride in representing 8KAR BN in EK BHARAT SHRESHTHA BHARAT CAMP-I (EBSB-I) held at Mysore. Other cadets representing 8 KAR BN were JUO Prajwal, CSM Jayanth and CPL Kshama. All the 4 were selected for the national camp which was held from 12th July to 23rd July 2022. The Group commander Col. RR Menon addressed the cadets and motivated them. Camp commandant Col RK Mishra also spoke and gave a call to the youth to be optimistic in their approach. The cadets were also taken to important tourist places in Mysore. The following locations were covered during the sightseeing in Mysore.

Krishnaraja Sagara Dam (KRS), Sri Ranganaathaswaami Gudi (Pancharanga Kshetra), Gumbaz Srirangapatna – Tipu Sultan's Mausoleum, St. Philomena's Cathedra, Mysuru Rail MuseumSri Chamundeshwari Tayi Gudi





Staff Excursion to "Shilhaandara Resort" on 9/11/2021

